TUG OF WAR RULES

TOURNAMENT RULES:

- Double Elimination Tournament.
- 10 Players Per Team (at least 2 females must be in play).
- One pull.
- All players must wear proper shoes, pants/shorts, and shirt. Team shirts optional.
- There will be no changes to the roster after the start of the first game.
- Lineup is due 5 minutes before the game starts.
- Game time is forfeit time if no roster is submitted and players are not ready/present to play.
- Referee will control the game.

FIELD LAYOUT:

START OF GAME:

- All players will obtain gloves. No player will participate without it.
Team players will align themselves along the rope in alternating positions.
The referee will give the commands.
On the command “PICK UP THE ROPE!” all players will pick up the rope with both hands. At no time will any player wrap the rope around their hand, arm, or body.
On the command of “TAKE THE STRING!” all players will take the slack off the rope to make it straight. But, will listen to the referee to adjust the rope so that the center marking is above the center line.
On the command of “PULL!” or when the whistle is blown indicating when to pull, the teams will start pulling.
Teams will continue to pull until the OUTER marking on the rope is pulled across the center line. The referee will decide when this occurs and will declare the winner of that pull.

FOULS:
- When a player or players have their elbow below knee level while pulling the rope. This is considered “locking” and is grounds for disqualification.
- When a player or players touch the ground for a long period of time. This is a judgment call of the referee and can result in disqualification.

OTHER INFORMATION/UNSPORTSMAN-LIKE CONDUCT:
- Respect the judgment of the game referee(s).
- Any questions or disputes will be discussed only with the team Captain. Disputes will not be heard after the game has been completed.
- **Do not taunt or bait opponents** and refrain from using foul or abusive language.
- Players violating these rules will be called “OUT” by the referee or may result in a team forfeiture.

For more information:
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