



4-H Youth Development Newsletter

UNIVERSITY OF GUAM
COOPERATIVE EXTENSION & OUTREACH

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HEMLANI, HARMON YOUTH OUTREACH

On October 25, 2019, the Weaving of the Micronesian Islands Project under the 4-H Youth Development Program held its first outreach with the youth at Hemlani Apartments in Harmon, Dededo with a total of 39 youth participants ranging from 5-13 years old. The program visits the youth on a weekly basis with the aim of teaching different learning objectives and life skills in conjunction with various hands-on learning activities. The excitement in incorporating the day's activity with a game called cooperation dots, focused on seed germination. Activities included the life skill of the day: cooperation. Cooperation is to work or act together for a common purpose or mutual benefit. Skills that aid cooperative efforts include effective communication, group goal setting, use of social skills, interact with others, build and maintain trust, and leadership. Youth also practice skills discussion and listening, manage conflict, and accept responsibilities. Through these activities, youth inputs learned, practiced, and understand the importance of working with each other.





Youth Visit at Zero Down, Yigo

November 23, 2019, 4-H Youth Development Program - Weaving of the Micronesia Islands Project with the help of 4-H volunteers (7-University of Guam; 13- Okkodo & Simon Sanchez High School) conducted its first outreach workshop with the youth in the village of Zero Down, Yigo. A total of 40 participants (16-parents; 24-youth) with the youth age of 5-17 years old. The visit started with a short 4-H 101 presentation to introduce the program to the community with the aim of visiting the youth on a weekly basis. Purpose of the program is to have the youth acquire and demonstrate different learning objectives and life skills in conjunction with various hands-on learning activities. Enthusiasm of the youth participants begun when they learned different activities that program has to offer and were eager to start the day's life skill activity called cone flip. The activity included with the day's life skill of teamwork. Teamwork is work done by two or more people with each doing parts of the whole task. It enabled the youth to practice effective communication, to identify and agree on a common task, to accept responsibility, and to apply leadership skills by coordinating and working together by sharing accomplishments.



4-H Volunteer Training: Phase-I

The 4-H Youth Development Program conducted its first volunteer training with the 4-H volunteer participants on October 18, 2019. Participants included 15-University of Guam students and 28-high school students which brings a total of 43 participants. The excitement was initiated when they participated with the life skill activity that collaborated with the day's life skill, teamwork. Volunteers were divided into groups of four and each group had to work together as a team to win the race. After, the volunteers reflected how was teamwork applied in the activity and how is the life skill applied at their homes, community, and schools. The exercise was for the volunteers to discover and experience how our youth engage in learning life skills through various hands on learning. The goal of the program was to train the volunteers in leadership skills as mentors within their communities and to assist with the 4-H Youth Development Program. Training was divided into three parts. The first part of the training highlighted on "why become a 4-H volunteer?" and "why is being a 4-H volunteer beneficial?" Second, was to learn the standards of behavior, regulations, and procedures of being a 4-H volunteer. Lastly, the focus was on life skills and its deliverables along with the stages and ages (Child and Adolescent Development).

