I TESTED POSITIVE FOR COVID-19
Isolate for 5 days regardless of vaccination status

IF YOU HAVE DIFFICULTY BREATHING, SEEK MEDICAL ATTENTION IMMEDIATELY.

I DON’T FEEL SICK

ISOLATE:
Stay at home and away from others within the household for 5 days after test date.

Wearing a well-fitting mask around other people for an additional 5 days is highly encouraged.

I FEEL SICK

ISOLATE:
Stay at home and away from others within the household for 5 days after symptom onset. If symptoms are getting worse, call your doctor for guidance and treatment options or dial 911.

Wearing a well-fitting mask around other people for an additional 5 days is highly encouraged.

Isolate at home for at least 5 days after symptoms start and take these steps:

- Eat in a separate room or area; use a separate bedroom and bathroom. If sharing a bathroom, clean and disinfect after each use.
- Avoid sharing personal items like dishes, cups, silverware, towels, bedding or electronics (e.g., cellphone).
- Wear a face mask.
- Wash your hands often using soap and water, or hand sanitizer; avoid touching your eyes, nose, or mouth with unwashed hands.
- Clean and disinfect “high touch” surfaces and items every day (tables, doorknobs, light switches, handles, desks, toilets, faucets, sinks, and electronics).

For more information, visit dphss.guam.gov/covid-19 or dial 311 and select option 1 on weekdays from 8AM - 9PM and on weekends and holidays from 8AM - 5PM.

Symptoms Flow Chart for Positive Cases – issued July 13, 2022
Based on Executive Order 2022-13 and DPHSS Guidance Memo 2021-16 Rev. 3.
For official guidance, visit dphss.guam.gov or CLICK HERE