

# BUY GUAM GROWN

## Local Fresh Fruit

### Get unique local varieties.

Enjoy premium taste and maximum freshness. Produce picked and eaten closer to its desired maturity has exceptional flavor and when handled properly, is packed with nutrients.

### Support local farmers.

Buying locally helps to build and maintain relationships with the local farmers, and ultimately, the whole community. With your support, farmers can help grow our economy.

### Go green.

Growing food locally helps cultivate the land and reduces the need of international transportation, shelf life, and pollution emissions. This helps for a greener, cleaner island.

## Guam Seasonality Chart\*

COMMON NAME	CHAMORU NAME	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Avocado	Alageta												
Banana	Aga' (mature), Chotda (immature)												
Barbados Cherry													
Betel nut, Hard	Pugua', Mahetok												
Betel nut, Soft	Pugua', Mañaña'												
Breadfruit	Lemmai												
Seeded Breadfruit	Dokdok												
Calamondin Lemon	Kalamanse'												
Chicle	Chiku												
Coconut	Niyok												
Governor's Plum													
Guava	Ábas												
Honey Dew	Mellon Finu												
Indian Jujube	Mansánan Pão Take'												
Jackfruit	Långka'												
Lime	Lemmon China												
Mango, Ripe	Mångga, Måsa												
Mango, Young	Mångga, Gada'												
Melon	Pipinu												
Mexican Keylime	Lemmon Adamelong												
Mulberry													
Muskmelon	Mellon Båstos												
Otaheite Gooseberry	Iba'												
Pacific Almond	Talisai												
Panama Cherry	Mansanita												
Papaya	Papáya												
Pickle Tree	Pikols												
Pineapple	Piña												
Pitaya/Dragon Fruit													
Pummelo	Kåhet Må'gas												
Soursop	Laguaná												
Spanish Plum	Siniquelas												
Star Apple	Kainitu												
Starfruit	Bilembines												
Surinam Cherry													
Sweetsop	Átes												
Tamarind	Kalamendo'												
Tangerine	Lalanghita												
Watermelon	Chandiha												
Wax Apple	Makupa												



Banana



Watermelon



Avocado



Sweetsop



Mango



Breadfruit

\* Availability could vary from year-to-year depending on weather conditions.

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Indicates NO availability ○ Indicates MODERATE availability ●  
 Indicates PEAK availability ●



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