

For ages
9 - 11
years
old

Create a Lemmai Recipe Activity

Addie and Olivia helped Auntie Carmen make breadfruit from Monday to Friday! What would you make breadfruit out of for Saturday?

What I need:

How to make my recipe:

Name your recipe:

Draw a picture of what your finished dish looks like, then color it.



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CHL Food Systems Grant no. 2021-68012-35899 and the CHL Center of Excellence Grant no. 2018-69001-27551 are currently funded from the USDA National Institute of Food and Agriculture (NIFA), Agriculture and Food Research Institute. The University of Guam, the Northern Marianas College, and the USDA are equal-opportunity providers.

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Create a Lemmai Recipe Example

Addie and Olivia helped Auntie Carmen make breadfruit from Monday to Friday! What would you make breadfruit out of for Saturday?

What I need:

- 1 egg
- 1 cup of flour
- 1 cup of milk
- 2 teaspoons of sugar
- cookie sheet

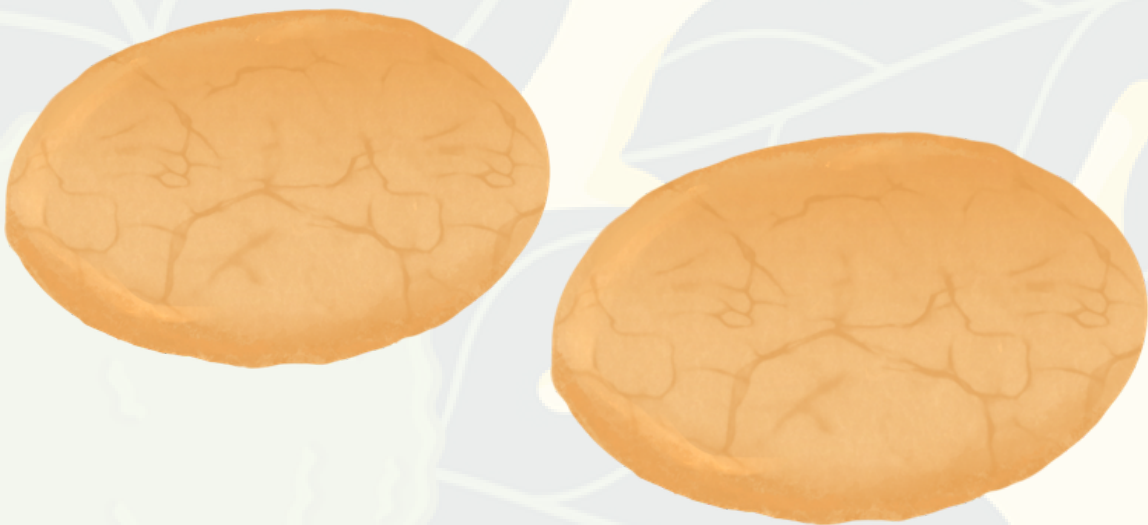
Steps to make my recipe:

1. mix the egg, flour, milk, and sugar until smooth.
2. chill in the fridge for 15 minutes.
3. roll into small balls and put on cookie sheet.
4. bake at 350 degrees for 10 minutes

Name your recipe:

Lemmai Cookies

Draw a picture of what your finished dish looks like, then color it.



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