

Trouble Sleeping?

PARTICIPATE IN A REMOTE STUDY AND
RECEIVE UP TO \$500 VIA GIFT CARD AND
A FITBIT CHARGE 6!!

**MUST BE 18-60 YEARS OLD AND A CURRENT MEMBER
OF THE ARMED FORCES OR DISCHARGED WITHIN THE
PAST 5 YEARS.**

For more info:

Email: BrightLightStudy@arizona.edu

Call/text: (480) 420-4937

**APPROVED BY THE DEPARTMENT OF DEFENSE OFFICE OF
HUMAN RESEARCH OVERSIGHT.
OHRO PROTOCOL: E03759.1A**

**AN INSTITUTIONAL REVIEW BOARD RESPONSIBLE FOR HUMAN SUBJECTS RESEARCH AT
THE UNIVERSITY OF ARIZONA REVIEWED THIS RESEARCH PROJECT AND FOUND IT TO BE
ACCEPTABLE, ACCORDING TO APPLICABLE STATE AND FEDERAL REGULATIONS AND
UNIVERSITY POLICIES DESIGNED TO PROTECT THE RIGHTS AND WELFARE OF PATIENTS
IN RESEARCH.**

