

Support Group for Family Caregivers of Persons with Dementia

DECEMBER 2023 SESSIONS

CARES® Activities of Daily Living™ Training and Certification Program

This December, G/M GWEP TGSS will continue to conduct the CARES® Activities of Daily Living™ Training and Certification Program featuring 10 modules

- 1) Dementia and the CARES® Approach
- 2) Creating Meaning in Activities of Daily Living
- 3) Recognizing and Managing Pain
- 4) Bathing
- 5) Dressing
- 6) Eating
- 7) Grooming
- 8) Mouth Care
- 9) Using the Bathroom
- 10) Mobility, Transferring, and Positioning

Module 6: Eating

6 p.m.-8 p.m., Wednesday, Dec. 13
10 a.m.-Noon, Saturday, Dec. 16

Guam Medicaid and MIP Program Education Outreach

Wednesday, Dec. 6 (6 p.m.-8 p.m.)
Saturday, Dec. 9 (10 a.m.-Noon)



Renee O. Carpela, MPA
*Claims Processing & Utilization
Review Officer, DPHSS
Division of Public Welfare,
Bureau of Health Care
Financing Administration*

Family Caregiver Christmas Celebration

Wednesday, December 20 (6 pm-8 pm)
Saturday, December 23 (10 am-12 noon)





**GUAM / MICRONESIA GERIATRICS WORKFORCE
ENHANCEMENT PROGRAM**
TELEHEALTH GERIATRIC SUPPORT SERVICES

**Support Groups for Family Caregivers
of Persons with Dementia**

DECEMBER SCHEDULE

Week 1:

Wednesday, December 6 (6 pm-8 pm)

Saturday, December 9 (10 am-12 noon)

Guam Medicaid and MIP Program Education Outreach
Renee Q. Carpela, MPA - DPHSS - Division of Public Welfare,
Bureau of Health Care Financing Administration

Week 2:

Wednesday, December 13 (6 pm-8 pm)

Saturday, December 16 (10 am-12 noon)

CARES® Activities of Daily Living™
Module 6: Eating

Week 3:

Wednesday, December 20 (6 pm-8 pm)

Saturday, December 23 (10 am-12 noon)

Family Caregiver Christmas Celebration

Week 4:

Wednesday, December 27 (6 pm-8 pm)

Saturday, December 30 (10 am-12 noon)

Sharing Caregiver Stories and Finding Support

To attend one of our online support groups, please use the following Zoom links:

Wednesday Support Group: <https://zoom.us/j/92072878067>

Saturday Support Group: <https://zoom.us/j/91243370958>

For more information:

Dr. Iain Twaddle or Nikolas Gutierrez: (671) 735-2883 / gwep.tgss@triton.uog.edu

Rhoda Orallo: (671) 735-3277 / r.orallo@hspguam.com