

# **PARENTS MANUAL**

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# **UOG ADVENTURE/SPORTS CAMP**

An Education.... your child's development is important to us.

An Adventure... exploration is the key to learning.

AND Lots of Fun... that's what we're here for!

Welcome to the UOG Adventure/Sports Camp! Summer is in the air and we are excited about the prospect of having your child be a part of this wonderful camp experience. We hope you are ready for yet another year filled with learning, exploration, and fun.

This manual includes information that will be helpful for you and your child in preparation for camp. If you have any further questions or concerns, please give us a call at (671) 735-2600.

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# **CONTACT INFORMATION**

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# **OUR PHILOSOPHY**

The UOG Adventure/Sports Camp places a major emphasis on the successful growth and development of each individual camper's overall health and well-being. Our camp is not merely a daycare service, but an environment that fosters positive ideas leading to new goals and aspirations in both the Camper's home and school setting with regard to learning and life. Principles such as values, morals, and respect are existent in the day-to-day operations. With the high incidence of obesity, heart disease, physical inactivity, and diabetes on our island, it is our mission to enable an environment that promotes health, physical activity, recreation, and lifetime wellness with the intent to reduce negative health behaviors, resulting in empowering campers to make healthful choices in life.

In addition, our program is all about promoting an environment filled with fun team building programs, environmental awareness, sportsmanship, fairness, and creating friendships among campers and staff. Our desire is that every camper takes home a smile, new friendships and skills, especially many positive camp memories to share with loved ones at the end of each day.

# WHAT SETS US APART FROM THE REST?

The University of Guam Adventure/Sports Camp promotes a high-quality educational, recreational, and athletic experience to all its campers. The daily use of the UOG Calvo Field House, a multi-purpose facility, distinguishes the camp from others in that campers are afforded access to high-quality, air conditioned sport courts, spacious playing fields, and a myriad of other university-related programs and resources. Campers will engage in daily physical activity, skill development in various sports, participate in recreational games, and be exposed to educational programs the university community has to offer. The goal of the camp is to educate each camper on the importance of developing lifelong healthy choices, fitness, and recreational skills conducive to an overall positive and healthy quality of life. Due to the nature of the counselor positions, a majority of the camp counselors are certified educators, or under graduates pursing a degree in education. The camp is open to children ages 5-15. Emphasis is paid to age, maturity, and development level of each camper.

# FEATURES OF THE CAMP

- Maintains approximately 10-1 camper-to-staff ratio on campus.
- Maintains approximately 7-1 ratio for off campus excursions.
- Camp is broken down to different age groups:
  - o Camp ABC's (ages 5-6)
  - o Camp Discovers (ages 7-8)
  - o Camp Explorers (ages 9-11)
  - o Camp Extreme (ages 12-15)
- University of Guam Field House multipurpose facility features:
  - o 3 basketball courts
  - 4 badminton courts
  - o 3 volleyball courts
  - Soccer field
  - Football field
  - Softball field
  - Weight room
  - Fitness room
  - Class room
  - Locker rooms equipped with showers
- Emphasis on teaching fun filled activities, sports, health education, and recreational games that are conducive to the overall quality of life.
- A trained professional staff.
- First Aid and CPR certification for all counselors and camp aids.
- One major excursion for each session.
- Excursions typically include one major hike/outdoor experience tailored to each respective age group (i.e., various waterfalls, caves, beaches, and historical sites on Guam) and an end-of-session excursion to a Water Park on the island).
- Opportunity for campus exploration to various educational entities within the University campus (i.e., the Marine Laboratory, the planetarium, etc).
- Programmed presentations by experts/specialists from the island community.
- T-shirt provided to each camper.
- The incorporation of an Arts and Crafts component for campers.
- The incorporation of cultural diversity and awareness activities.
- The incorporation of life skills in weekly lesson plan activities.

# **OUR STAFF**

Our camp counselors and staff are equipped with the experience and training to lead and instruct your child. This year we are employing a head counselor, assistant counselors, and volunteers to each of the four camps. With some assistance from the UOG Field House staff, we provide approximately a 10-to-1 camper to staff ratio. All our head counselors as well as assistant counselors are either certified educators or aspiring educators at the University of Guam. Coming from diverse backgrounds, all of the counselors have held leadership positions and understand what is necessary to facilitate a positive learning environment. Many of the staff have been former employees of the camp and have experience in what it takes to be a part of a successful team.

# **SAFETY**

Feel secure in knowing that your child is participating in a camp program sponsored and administered by the University of Guam professionals. Prior to the start of camp, staff will be certified in First Aid and CPR. The camp makes it a priority to have an adequate first aid kit available at all times. The camp also works closely with the University of Guam nurse's office for assistance in minor treatment or consultation.

# **CAMP OPERATION**

#### **CAMP SESSIONS**

The UOG Adventure/Sports Camp is divided into five and a special one week back-to-school session. Campers often register for more than one session. For special circumstances, half-day and daily rates are available. Session dates may change from year to year. See website for updated session schedules.

\*No camp on July 4<sup>th</sup> (Independence Day) \*No camp on July 20th (Liberation Day) \*No camp on Christmas or New Year's Day

#### HOURS OF OPERATION

Camp sessions are scheduled from Monday through Friday from 8:00am-5:00pm. Camp is closed on holidays. Exceptions to this are on the days that overnight campouts are held. Camper drop-off is scheduled between 7:30am to 8:00am with pick-up between 5:00 pm to 5:30 pm. Until the head or assistant counselor of each camp becomes familiarized with parents, **please provide picture identification upon pickup of your child.** Also, please inform the office of other individuals over the age of 18 authorized to pick up your child.

If a camper arrives late, he/she must be escorted by a parent or guardian to the Field House Office. For pick-up, parents may refer to the locator chart which will be posted to inform where each camp will be located within the Field House at the end of the day. In the event that your child will not be attending camp on a given day, please make every effort to contact our office. PIP OFFICE 735-2600 OR FIELD HOUSE CONTACT NUMBER 735-2863.

## **TUITION AND DISCOUNTS**

The camp has two rates: *Local Resident and Non-Resident*. Local resident rates require proof of Guam residence (water/power bill, mayor's verification). Non-resident rates include lunch, snack, transportation, and excursion fees. Session tuition rates are subject to change.

Ask the camp director or PIP office for current additional child discount and UOG employee discount. Additional child discount is only applicable to local residents. UOG employee discount is offered per session per child, must provide employee ID or similar verification.

# **CAMP DIVISIONS (Age Breakdowns)**

Campers are divided into four divisions by age, and in some cases, maturity level. The four groups each differ in programming and design. The following is a breakdown of the four groups.

# CAMP ABC'S (ages 5-6)

Because of the developmental growth patterns within this age group, specialized programming and care is placed in the planning and implementation of the Camp ABC program. Sports and recreational activities are geared toward gross motor learning as well as working on developing good listening skills. Guest presenters, structured learning experiences, arts and crafts, field trips, and cooperative games are just a few of the activities your child should look forward to.

## CAMP DISCOVERERS (ages 7-8)

The activities programmed for this age group are similar in design to the ABCs, but a little more developmentally designed to utilize the creative energy the child possesses to enhance level in individual and team sports. Establishing protocols by instructors will be a part of the program to help campers become aware of rules, regulations, and successful participation in organized games and activities. Guest lecturers, educational classes, videos, field trips, new games, possible water safety and swimming lessons, campus exploration, arts and crafts, and hikes are just a few of the activities that are involved in this group.

# CAMP EXPLORERS (ages 9-11)

This camp is designed to challenge your child's high energy. Activities are geared toward understanding rules and regulations of sports, fair play, and the importance of cooperation and teamwork toward a common goal. Campers in this age group will be invited to engage in slightly more challenging hikes to foster an appreciation of lifetime leisure activities involving the natural surroundings. Campers will also engage in New Games, health education, field trips, campus exploration, sports and games, guest lectures, water safety, and overnight camping.

# CAMP EXTREMES (ages 12-15)

This division is designed to empower the camper to develop an appreciation for lifetime health and wellness through the various activities they will be exposed to. Time is spent on reviewing and practicing basic skills, teamwork, and decision-making experiences relating to cooperative efforts through activity. A variety of sports and activities will be covered

ranging from adventure games to classroom learning regarding personal health behavior. Campers will be challenged to engage in many hikes as well as overnight camping.

#### MEALS AND SNACKS

Though meals and snacks may be made available through the University of Guam's Professional and International Programs office, parents are welcome to pack lunch for their campers. Counselors for the 5-11 age groups have designated times in which a short break is taken for eating snacks. Lunch is divided into two blocks\*. See below:

0	CAMP ABC'S (AGES 5-6)	10:45am - 11:30am
0	CAMP DISCOVERES (AGES 7-8)	10:45am - 11:30am
0	CAMP EXPLORERS (AGES 9-11)	11:30am - 12:15pm
0	CAMP EXTREME (AGES 12-15)	11:30am - 12:15pm

Parents and guardians are welcome to have lunch with their child/children.

#### LATE PICK-UP

In the past years, we had some concerns with parents picking up their children past the designated camp hours. In order to have our counselors and staff refreshed and energized to meet the next day's activities, it is imperative that they adhere to their contracted hours of employment. A late pick-up fee will be enforced to compensate for extra hours our camp counselors work past their set work hours. Should you pick your child up past the 5:30 pm pick up time, an automatic **\$10.00** late fee must be paid upon picking up your child.

#### FIELD TRIPS

On each session, the campers will leave the UOG campus and travel into the community. Field trips in the past have found us at various water parks, beaches, bowling alleys, and other recreational establishments around the island. Other trips may require a fee for the event and the transportation cost. FIELD TRIP FEES ARE INCLUDED IN THE CAMP REGISTRATION FEE. Periodic reminders will be sent out to announce such events. If any time a camper is late for a field trip or excursion, it is the responsibility of the parent/guardian or authorized individual to drop the child off to the designated location of the field trip (except hikes).

<sup>\*</sup>Lunch times may be adjusted, ask the counselors for schedule

#### DISCIPLINE

In order to ensure safety for all campers, a discipline policy has been set in place for the camp. Campers are enrolled in camp for one main reason to have fun! In order for this to take place, campers must be able to respect authority, participate in the activities, and be on their best behavior. These are vital components for the facilitation of games, group management, camper morale, and basic life-long learning skills. One major philosophical component of the camp is to empower campers to function cooperatively with their counselors and peers in a spirit of sportsmanship, respect, fairness, and citizenship. This philosophy enhances the "camper of the week" program. Instead of seeking out of mischief and negativity of uncooperative behavior, the program is designed to bring out the positive nature of each camper.

In any case a camper is uncooperative or displays conduct becoming, the disciplining protocol will go in to affect.

- 1. The head or assistant counselor will counsel the individual in private.
- 2. If the behavior continues, the counselor will contact the parents to discuss the behavior.
- 3. If necessary, the camper and parent(s) will meet with the camp director for further counseling or intervention (also refer to "Dismissal for Disciplinary Action" under "Refunds")

#### **CAMP ATTENDANCE**

#### **ABSENCES**

Refunds are not available for vacations, special events, short-term illnesses of four days or fewer, or other personal commitments that prevent attendance.

# **EXTENDED ILLNESSES AND INJURY**

A refund may be granted for an extended illness of five or more consecutive program days. A doctor's note and written note form the parent or guardian explaining the situation must be received within eight working days from the first day of absence. If injury is the reason for absence, the doctor's note should explain that the child cannot physically return to camp. Upon review participants will receive \$12.50 per day refund for the unused days.

#### **DISMISSAL FROM CAMP**

There are times when the UOG Adventure Sports Camp must dismiss a child due to a psychological, emotional, or physical disability that precludes the child from participating safely or effectively in a group. Dismissal will take effect only after consultation among the parents, campers, the camp director, and the approval of the Field House and Athletic Director. Dismissal due to the aforementioned reasons will result in a refund (less the registration fee) for the unused days. A note from the camp director will be provided to have refunds processed.

### **DIMISSAL FOR DICIPLINARY ACTION**

On occasion, dismissal may be necessary for disciplinary reasons the safety of the campers and the staff are at stake. This action would take effect only upon consultation with the parents, camper, staff, camp director, and PIP program director. If a camper is dismissed for disciplinary reasons there will be no refunds for the unused days.

# **REFUNDS**

The refund policy is applied uniformly. All refund requests must be submitted IN WRITING to the PIP Office. *Deadline to submit a refund request is the FIFTH DAY OF THE SESSION the refund is being requested for.* Refund requests that are approved by the camp director will then be forwarded to the UOG Business Office for processing (please allow 2-3 weeks).

**POLICY 1:** The \$25.00 registration fee is not refundable or transferable to other sessions.

**POLICY 2:** Refunds will not be processed for no-shows or if your child decides they do not want to continue after the first day.

**POLICY 3:** We reserve the right to cancel sessions. If the UOG Adventure Sports Camp cancels a session, a refund will be issued. An exception to this is cancellation due to extreme circumstances out of our control, such as inclement, unsafe weather, or any situation that may compromise your children's safety.

# **POLICY 4 (Additional Information):**

- (1) A \$50.00 fee will be charged for all returned checks.
- (2) Camp fee paid by credit card will be credited immediately upon approval by the UOG Adventure Sports Camp. Enrollment paid by check or cash will be refunded by check within two to three weeks after approval by the Camp. Refund will be made only to the original payee or credit card holder.
- (3) The parent or guardian's signature on the registration form indicates understanding of all registration and refund policies and agreement to abide by them.

# LIABILITY AND TALENT RELEASE DOCUMENTS

The following page(s) display our required waiver/liability and talent release documents that are included in registration.

Waiver/Liability Document: This sports camp is a physically active camp; therefore, injuries may be sustained while participating.

Talent Release Document: For future advertisement purposes, our Adventure Sports Camp counselors and PIP staff occasionally take photos of the sports camp participants.

Both documents are required to be signed by parent/guardian prior to the child's participation in the camp. See next pages for sample documents.



#### PROFESSIONAL & INTERNATIONAL PROGRAMS

#### LIABILITY WAIVER

To the best of my knowledge, my child is in good physical condition and fully able to participate in this program. I am fully aware of the risks and hazards connected with the participation in this event, including physical injury or even death, and hereby elect to voluntarily participate in said event, knowing that the associated physical activity may be hazardous to me and my property. I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OR LOSS, PROPERTY DAMAGE, OR PERSONAL INJURY, INCLUDING DEATH, that may be sustained by my child, or loss or damage to property owned by me, as a result of participation in this course.

I hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOTES & E, the University of Guam, the Board of Regents of the University of Guam, the Professional and the lational Programs Office, their officers, servants, agents, employees, and any respective par (associated with activities within and outside the University campus (hereinafter referred to a RELEASEES) from any and all liability, claims, demands, actions and causes of action whatsoever a ising action of or related to any loss, damage, or injury, including death, that may be sustained by me, and to property belonging to me, which participating in physical activity, or while on or upon the board of the event is being conducted.

It is my expressed intent the, this release and hold harmless agreement shall bind the members of my family and spouse, it is notified, and my heirs, assigns and personal representative, if I am decreased, and shall be deemed as a RELEASE, WAIVE, DISCHARGE, any CONVENTION TO SUE the above named RELEASEES. I hereby further agree that this Waiver of Liability and Hold Harmless Agreement shall be constructed in accordance with the laws of the Territory of Guam.

In signing this release, I acknowledge and represent that I HAVE READ THE FOREGOING Liability Waiver, UNDERSTAND IT AND SIGN IT VOLUNTARILY as my own free act and deed; no oral representations, statements or inducements, apart from the foregoing written agreements have been made; AND I EXECUTE THIS RELEASE FOR FULL, ADEQUATE AND COMPLETE CONSIDERATION FULLY INTENDING TO BE BOUND AS SAME.

Print Name	Date	
Signature/Print Name and Sign	nature of Parent/Legal Guardian	

T: +1 671.735.2600 F: +1 671.734.1233 W: www.uog.edu

Mailing Address: 303 University Drive UOG Station Mangilao, Guam 96913

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#### PROFESSIONAL & INTERNATIONAL PROGRAMS

#### TALENT RELEASE FORM

So that my friends, family and individuals interested in the University of Guam's Professional & International Programs (PIP) Adventure Sports Camp (ASC) can view a glimpse of my child's/children's adventures, I hereby give permission to PIP ASC of the University of Guam to post my child's/children's class writing, art, other text and pictures/videos taken during their time of enrollment at PIP ASC for future UOG Publications and Advertisements.

I, the undersigned, do hereby consent to the use of any video photograph, or audio recording reproduced either in whole or in part from the video, photograph or a dio recording of the University of Guam Professional & International Programs (PIP) Adventice Sports Camp (ASC) for use in any advertisement, publicity, or any other purpose on behalf of the University of Guam.

Further, I hereby grant to the University of Guam the absolute and irrevocable right and permission to use, re-use, publish, and re-publish, and otherwise reproduce, modify, and display, in whole or in part, individually or in conjunction with otherwise reproduce, modify, and display, in whole or in part, individually or in conjunction with otherwise reproduce, modify, and display, in whole matter, in any and all media now or here after known, for illustration, promotion, art, advertising, and trade, news, informational and educations, purposes and to copyright the same, in its own name or otherwise and assign my rights are ghout the world in the following information related to my child/children.

I warrant that I have the full right and authority to grant this consent. In addition, I waive all claims to compensation or damage; based on the use of my child's/children's image or voice, or both, by the University of Guam, I also waive any right to inspect or approve the finished photograph or video or audio recording.

I understand that this consent is perpetual, that I may not revoke it, and that it is binding on me, my heirs and assigns.

I understand that I will receive no remuneration or consideration for use of my child's/children's image, voice or both. I warrant that I am at least 18 years of age and that I am competent in my own name insofar as this consent is concerned. I further attest that I have read this consent form and fully understand its contents.

rint Name	Date	

Signature/Signature of Parent or Legal Guardian

T: +1 671.735.2600 F: +1 671.734.1233 W: www.uog.edu

Mailing Address: 303 University Drive UOG Station Mangilao, Guam 96913

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# **SURVEY**

Above all, safety and fun are our top priorities. The camp staff work diligently to create an environment that provides growth, enhances good morals, and fosters a yearning for education, adventure, and physical activity. We appreciate your feedback.

